

Importance of Breastfeeding According to Object Relations Theory, Attachment Theory and Transactional Analysis

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<p>Makalenin Türü Geleneksel Derleme</p> <p>Anahtar Sözcükler: Bağlanma Kuramı, Emzirme, Nesne İlişkileri Kuramı, Transaksiyonel Analiz.</p> <p>Keywords: Attachment Theory, Breastfeeding, Object Relations Theory, Transactional Analysis</p> <p>Sorumlu Yazar İrem ÖZEL BİLİM</p> <p>Adres: Eskişehir Osmangazi Üniversitesi, Meşelik Kampüsü, Sağlık Bilimleri Fakültesi, Hemşirelik Bölümü</p> <p>E-mail: iremozelbilim@ gmail.com</p>	<p>This review is intended to emphasize that in the process of breastfeeding, the expected and expected safe bond between the mother and the baby, the value that the baby attaches to the mother and to herself, that babies are effective in their interpersonal relationships throughout life. With the breastfeeding process that is positive for the baby, positive schemes such as “Good/Pleasurable”, “I am valuable-She is reliable”, “I am OK-She is OK” occur between the baby and the mother. At the end of the negative breastfeeding process, negative schemes such as “Bad/Disappointing”, “I am valuable-She is not reliable”, “I am not OK-She is not OK” occur. These positive or negative schemes, which occur with the breastfeeding process during infancy, determine the person’s view of him/herself, others and life in the future.</p> <p>The breastfeeding process that shapes the rest of the baby’s life and the psychological effects of this process are important primarily for the mental health of the individual and therefore the society.</p>